



10 FACTS YOU SHOULD KNOW ABOUT COVID-19 VACCINES

- 1.** The vaccines are found to help prevent COVID-19 and are effective in preventing hospitalization and death. Millions of people in the U.S. have already received them.
- 2.** COVID-19 vaccines are built on years of work to develop vaccines for similar viruses.
- 3.** You cannot get COVID-19 from the vaccines.
- 4.** There are no serious side effects. You may have temporary reactions like a sore arm, fever, headache or feeling tired and achy for a day or two after receiving the vaccine.
- 5.** The vaccines teach your body how to create a protein that helps you fight COVID-19. The protein and vaccine leave your body after they are finished and cannot be tracked.
- 6.** The vaccines are free to everyone, even if you don't have health insurance.
- 7.** Personal information about your health and identity is carefully managed to protect your privacy. It is not shared with CDC or ICE.
- 8.** Follow the 3 Ws—wear a mask, wait 6 feet apart from others and wash your hands—before and after getting the COVID-19 vaccine. This is everyone's best protection from getting and spreading COVID-19.
- 9.** Vaccine supply is limited right now, but you have a spot to take your shot.
- 10.** Everyone has a spot for honest information on COVID-19 vaccines and where to get vaccinated. Go to YourSpotYourShot.nc.gov or call the COVID-19 Vaccine Help Center toll-free at **888-675-4567**.